

“From **GO**d to **GO**alsand everything in between!”

**The Ultimate GUIDE to True Success through living your
UNIQUE GENIUS!!**

by

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*Create and evolve a concept that, in its field, pushes the boundaries of current thinking and practice. Formularise it in a very simple and universally understandable way. Test it rigorously and successfully over 9 years in real life with hundreds of individual case studies. Have it successfully peer reviewed with the peak bodies within the field. Receive best of conference and standing ovations around the world for the concept. Have peers marvel with envy at the simplicity and rigor of the concept – wishing they had created it. And lastly, get the timing perfectly right for where the worlds’ energy and the market is so desperately hungry for truth – and you have **From GOd to GOals**.*

Introduction - Are you ready?

This is your guide to the Best You. Away from the you that makes excuses, underutilises your potential, hides from what could expose you to failure or keep you safe. No more excuses, it's time to get over yourself and begin to bathe in life.

Let me introduce the idea that, regardless of all the theories, all the writing on individual power, all the self help books and gurus, the endless messages about self empowerment and positive affirmations - we still don't have one complete and simple theory and practice for everything. Until now!!

From God to Goals is a complete, accessible, simple and practical Guide to what is real and what works to make our lives whole, successful and happy. It considers the spiritual realm, summarises beautifully our human experience (warts and all), gives a clear path to whatever we desire AND shows us HOW to get there. And it helps us sustain these changes long into the future. How would that be?

No smokes and mirrors, no fluff - only facts, truth and reality are used as a foundation for this book. Interested? You may be confronted, you may want to stop reading, you may feel some pain, you may see in the words a mirror you don't like to look into - but frankly, what is the alternative - more of the same. NO THANK YOU! If you are anything like me and the thousands of people I have shared my thoughts and passions with during my journey - you have had a gut full of the benign, beige and boring offerings the world has to offer in our time space history. You're sick of the quick fix, the sugar highs that lead to even lower lows, and the addictions that are insatiable, no matter how much we consume.

This IS NOT a self help book. See it as a guide, a friend who cares, has your best interests in mind and has no hidden agendas. We use one all encompassing guiding map - from here-on-in called the GOd to GOals Guide - that has taken nearly 10 years to evolve. Then we build on it as we walk together to create your own expression of this map.

We introduce and use the concept of Unique Genius as the central theme because it works, it's real and it is the key hole or portal to a treasure trove of endless possibility. It is also probably one of the most written about, yet least understood levels of human achievement in our world. And as you will see, it is in all of us, ready to be awoken.

If initially you are challenged by the word Genius and the possibility that it holds for you (yes, be scared), read **Part 1 - The Discovery - Changing Your Mind**, with deep scepticism and a challenging mind. Frankly, if you aren't approaching this concept with this mindset, you would be the first in thousands.

Here, we firstly present definitions, facts, quotes and research - awaking you to the truth of what genius *really is*. Then we introduce you to the core concept of the book, encompassed in one complete guiding map - The GOd to GOals Guide - and an easily recalled and very simple formula. It is here where you are able to see, maybe for the first time, that genius is accessible and real and not some elite level of achievement bestowed on only a few.

Then, armed with the definitions, facts, quotes, research and the GOd to GOals Guide, we begin to consider the possibility that this could be real for you. Not *someone else's* version and experience, but yours! In **Part 2 - The Alignment - Making it Your Own**, you will design, build and align every part of you to your own Unique Genius. And in doing so, address any issues that may be keeping you de-geniused, ensuring these issues no long get in the way!

With Unique Genius in hand, head, heart and soul, **Part 3 - The Living - Making Every Nano Second Count**, we get down to the Goals and Planning part. If you know who the absolute best You is - your Unique Genius, do you want to stay home in bed under the covers and hidden from the world, or would you like to live bravely, refreshingly and completely now and for always, with clear direction and focus? The choice is always yours!

Lastly we add the finishing touches in **Part 4 - The Sustainability - Keeping it all Going**. We give you all the tips and all the pitfalls that may come along. This will give you awareness, so just like knowing there is a speed camera around the next corner, you can prepare yourself for what is coming and allow your Unique Genius to build resilience and flourish in every realm of your being - now and always!

Again I ask you to please be sceptical, to challenge and be truthful to yourself as you engage in this work - you deserve that and you have every choice in every moment to think, feel, see and know what is real for you.

My hope is that you open yourself up to the possibility that what you are about to experience could be, if you choose, the most significant opportunity you have ever had to truly be GREAT in this world. This will happen if you decide that you deeply wish to access your own core individual and Unique Genius.

One of my favourite quotes - from Buckminster Fuller (see Appendix 1 - the Genius's we know and love) is

“Everyone is born a Genius, but the process of living de-genius's them.”

So, if you are ready in your doubts and scepticism, let's begin to undo that which has de-geniused our worlds and genuinely discover, align, live and sustain the lives that we have deeply desired and dreamed about.

Let's go.....